

# Human Activin A Pre-Coated ELISA Kit Catalog Number: BGK4D1W7

ELISA kit for the accurate quantitation of Human Activin A concentrations in cell culture supernates, serum, plasma, and other biological fluids.

For research use only. Not for use in diagnostic procedures. Please read the datasheet in its entirety before using this product.



# **Description**

Activin A is a TGF- $\beta$  family member that exhibits a wide range of biological activities, including regulation of cellular proliferation and differentiation, and promotion of neuronal survival. Elevated levels of Activin A in human colorectal tumors and in postmenopausal women have been implicated in colorectal and breast cancers, respectively. The biological activities of Activin A can be neutralized by inhibins and by the diffusible TGF- $\beta$  antagonist, follistatin. Activin A binds to the two forms of activin receptor type I (Act RI-A and Act RI-B) and two forms of activin receptor type II (Act RII-A and Act RII-B). Activins are homodimers or heterodimers of different  $\beta$  subunits. They are produced as precursor proteins with an amino terminal propeptide that is cleaved to release the C-terminal bioactive ligand.

The BioGems Human Activin A Pre-Coated ELISA (Enzyme-Linked Immunosorbent Assay) kit is a solid phase immunoassay specially designed to measure Human Activin A with a 96-well strip plate that is pre-coated with mouse monoclonal antibody specific for Activin A. It contains CHO-expressed recombinant Human Activin A. The detection antibody is a biotinylated goat polyclonal antibody specific for Activin A. The kit is analytically validated with ready to use reagents.

### **Precaution**

For Research use only. Not for use in diagnostic or therapeutic procedures.

Please read the instructions fully prior to beginning the use of the assay kit.

Do not substitute reagents from other sources.

Variations or modifications of the described protocol or the use of other reagents can result in a reduction of product performance.

# **Storage and Stability**

Upon receipt store the unopened kit at 4°C for 6 months or -20°C for 12 months. Avoid repeated freeze/thaw cycles.



## **Materials Provided**

Description	Quantity	Volume		
Anti-Human Activin A Pre-coated 96-well strip microplate	1	12 strips of 8 wells		
Human Activin A Standard	2	10 ng vial		
Human Activin A Biotinylated antibody (100x)	1	130 μL		
Avidin-Biotin-Peroxidase Complex (100x)	1	130 μL		
Sample Diluent	1	30mL		
Antibody Diluent	1	12mL		
Avidin-Biotin-Peroxidase Diluent	1	12mL		
Wash Buffer Concentrate (25X)	1	20ml		
Color Developing Reagent	1	10mL		
Stop Solution	1	10mL		
Plate Sealers	4	Each		

# **Required Materials not supplied**

Microplate Reader capable of reading absorbance at 450nm.

Automated plate washer (optional)

Pipettes and pipette tips capable of precisely dispensing 0.5 μL through 1 mL volumes of aqueous solutions.

Deionized or distilled water.

500mL graduated cylinders.

Test tubes for dilution.

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# **Reagent Preparation**

Bring all reagents to room temperature prior to use.

Wash buffer- Dilute the supplied Wash Buffer concentrate with 480ml of deionized or distilled water.

Biotinylated Anti-Human Activin A antibody- It is recommended to prepare this reagent immediately prior to use by diluting the Human Activin A Biotinylated antibody (100x) 1:100 with Antibody Diluent. Prepare 100  $\mu$ L by adding 1  $\mu$ L of Biotinylated antibody (100x) to 99  $\mu$ L of Antibody Diluent for each well. Mix gently and thoroughly and use within 2 hours of generation.

Avidin-Biotin-Peroxidase Complex- It is recommended to prepare this reagent immediately prior to use by diluting the Avidin-Biotin-Peroxidase Complex (100x) 1:100 with Avidin-Biotin-Peroxidase Diluent. Prepare 100  $\mu$ L by adding 1  $\mu$ L of Avidin-Biotin-Peroxidase Complex (100x) to 99  $\mu$ L of Avidin-Biotin-Peroxidase Diluent for each well. Mix gently and thoroughly and use within 2 hours of generation.

Human Activin A Standard- It is recommended that the standards be prepared no greater than 2 hours prior to performing the experiment. Use one 10ng vial of lyophilized Human Activin A standard for each experiment. Gently spin the vial prior to use. Reconstitute the standard to a stock concentration of 10,000 pg/mL using 1mL of sample diluent. Allow the standard to sit for a minimum of 10 minutes with gentle agitation prior to making dilutions.

Dilution of Human Activin A Standard-

- 1. Number tubes 1-8. Final Concentrations to be Tube # 1 –1,000 pg/mL, #2 –500 pg/mL, #3 –250 pg/mL, #4 125 pg/mL, #5 –62.5 pg/mL, #6 –31.2 pg/mL, #7 –15.6 pg/mL, #8 0.0 (Blank).
- 2. To generate standard #1, add 100  $\mu$ L of the reconstituted standard stock solution of 10,000 pg/mL and 900  $\mu$ L of sample diluent to tube #1 for a final volume of 1,000  $\mu$ L. Mix thoroughly.
- 3. Add 300 μL of sample diluent to tubes # 2-7.
- 4. To generate standard #2, add 300  $\mu$ L of standard #1 from tube #1 to tube #2 for a final volume of 600  $\mu$ L. Mix thoroughly.
- 5. To generate standard #3, add 300  $\mu$ L of standard #2 from tube #2 to tube #3 for a final volume of 600  $\mu$ L. Mix thoroughly.
- 6. Continue the serial dilution for tube #4-7.
- 7. Tube #8 is a blank standard to be used with every experiment.

Microplate- The included microplate is provided ready to use and does not require additional rinsing or blocking. The unused well strips should be sealed and stored in the original packaging.



# **Sample Preparation**

The recommended sample collection instructions and storage conditions are intended as a general guideline and the sample stability has not been evaluated.

Cell Culture supernatants- Clear sample of particulates by centrifugation, assay immediately or store samples at -20°C.

Serum- Use a serum separator tube (SST) and allow serum to clot at room temperature for about four hours. Then, centrifuge for 15 min at approximately 1,000 x g. assay immediately or store samples at -20°C.

Plasma- Collect plasma using heparin or EDTA as an anticoagulant. Then, centrifuge for 15 min at approximately 1,000 x g. assay immediately or store samples at -20°C.

# **Sample Dilution**

The target protein concentration should be estimated and appropriate sample dilutions should be selected such that the final protein concentration lies near the middle of the linear dynamic range of the assay.

It is recommended to prepare 150  $\mu$ L of sample for each replicate to be assayed. The samples should be diluted with sample diluent and mixed gently.

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# **Assay procedure**

It is recommended that all reagents and materials be equilibrated to room temperature prior to the experiment.

- 1. Prepare all reagents and working standards as directed previously.
- 2. Remove excess microplate strips from the plate frame and seal and store them in the original packaging.
- 3. Add 100  $\mu$ L of the standard, samples, or control per well. At least two replicates of each standard, sample, or control is recommended
- 4. Cover with the plate sealer provided and incubate for 120 minutes at RT (or 90 min. at 37 °C).
- 5. Remove the cover and discard the liquid in the wells into an appropriate waste receptacle. Invert the plate on the benchtop onto a paper towel and tap the plate to gently blot any remaining liquid. It is recommended that the wells are not allowed to completely dry at any time.
- 6. Add 100 µL of the prepared 1x Biotinylated Human Activin A antibody to each well.
- 7. Cover with plate sealer and incubate for 90 minutes at RT (or 60 minutes at 37°C).
- 8. Wash the plate 3 times with the 1x wash buffer.
  - a. Discard the liquid in the wells into an appropriate waste receptacle. Then, invert the plate on the benchtop onto a paper towel and tap the plate to gently blot any remaining liquid. It is recommended that the wells are not allowed to completely dry at any time.
  - b. Add 300  $\mu$ L of the 1x wash buffer to each assay well. (For cleaner background incubate for 60 seconds between each wash).
  - c. Repeat steps a-b 2 more additional times.
- 9. Add 100  $\mu$ L of the prepared 1x Avidin-Biotin-Peroxidase Complex into each well and incubate for 40 minutes at RT (or 30 minutes at 37°C).
- 10. Wash the plate 5 times with the 1x wash buffer.
  - a. Discard the liquid in the wells into an appropriate waste receptacle. Then, invert the plate on the benchtop onto a paper towel and tap the plate to gently blot any remaining liquid. It is recommended that the wells are not allowed to completely dry at any time.
  - b. Add 300  $\mu$ L of the 1x wash buffer to each assay well. (For cleaner background incubate for 60 seconds between each wash).
  - c. Repeat steps a-b 4 more additional times.
- 11. Add 90  $\mu$ L of Color Developing Reagent to each well and incubate in the dark for 30 minutes at RT (or 25-30 minutes at 37°C). (The optimal incubation time must be empirically determined. A guideline to look for is blue shading the top four standard wells, while the remaining standards remain clear.)
- 12. Add 100 μL of Stop Solution to each well. The color should immediately change to yellow.
- 13. Within 30 minutes of stopping the reaction, the O.D. absorbance should be read with a microplate reader at 450nm.



## **Calculation of results**

Average the duplicate readings for each standard, sample, and control. Subtract the average zero standard O.D. reading.

It is recommended that a standard curve be created using computer software to generate a four parameter logistic (4-PL) curve-fit. A free program capable of generating a four parameter logistic (4-PL) curve-fit can be found online at: www.myassays.com/four-parameter-logistic-curve.assay.

Alternatively, plot the mean absorbance for each standard against the concentration. The measured concentration in the sample can be interpolated by using linear regression of each average relative OD against the standard curve generated using curve fitting software. This will generate an adequate but less precise fit of the data.

For diluted samples, the concentration reading from the standard curve must be multiplied by the dilution factor.

# **Typical Data**

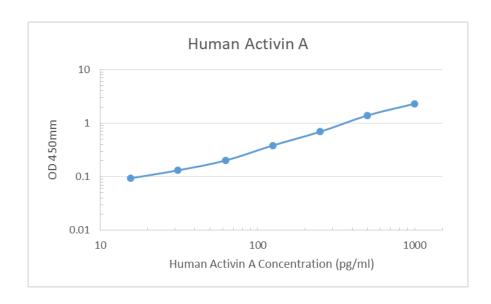
Standard #	8	7	6	5	4	3	2	1
Standard Concentration (pg/mL)	0	15.6	31.2	62.5	125	250	500	1000
OD <sub>450</sub>	0.037	0.073	0.085	0.147	0.289	0.537	1.066	2.2

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# **Typical Standard Curve**

A standard curve is provided for demonstration only. A standard curve should be generated for each set of samples assayed.



# **Sensitivity**

The sensitivity or the minimum detectable dose (MDD) is the lower limit of target protein that can be detected by the kit. It is determined by adding two standard deviations to the mean O.D. value of twenty (20) blank wells and calculating the corresponding concentration.

# **Specifications**

Range- 15.6pg/ml-1000pg/ml

Sensitivity- <12pg/ml

Specificity- Natural and recombinant Human Activin A (UniProt ID: A4D1W7)

Cross-Reactivity- No detectable cross-reactivity with other relevant proteins



# Reproducibility

	I.	ntra-Ass	ay	Inter-Assay			
Sample ID	1	2	3	1	2	3	
n=	16	16	16	24	24	24	
Mean Measured Concentration (pg/mL)	90	281	467	95	293	489	
Standard Deviation	4.7	15.7	27.6	7.8	18.5	24.9	
Consistency (%CV)	5.2	5.6	5.9	8.2	6.3	5.1	